



# Regulations concerning the import of goods

## 1. Principles

- Any goods are exclusively intended for detainees' own use. Any trade is prohibited.
- Any goods are checked for inadmissible substances. They may be opened or repackaged.
- Detainees will be informed about goods which are inadmissible or fail to satisfy the requirements mentioned in these Regulations. They may then decide whether the contents are to be destroyed or sent to an address determined by them, at their expenses.
- Any goods that might jeopardise the security and order of the Hindelbank Custodial Facility will be rejected.
- Any attempt to abuse import possibilities (attempted import of drugs or alcohol) may entail disciplinary punishment and/or prohibition of visits or goods import, possibly even an offence report to the police.
- The integration and security residential group is subject to special provisions.

## 2. How can admissible goods be imported?

- Goods can be imported by post, by a comparable courier or on the occasion of a visit or of leave.
- The amount of goods is regulated as follows:
  - goods with an overall weight of 8kg per month;
  - an additional 4kg in the month of a detainee's birthday and in December.
- In addition, visitors may leave the following at the Lodge:
  - one bouquet of cut flowers per visit or short leave/leave (on the detainee's birthday, also by post/courier);
  - by the detainee's own children: a small present made by themselves.

## 3. Letter post

Letters which contain goods are deducted from the parcel contingent (with the exception of postage stamps, individual photos, drawings and magazines).

A maximum of CHF 200.00 per month may be sent by letter post.

## 4. Rules for children in the mother and child residential group

There is no additional parcel contingent for children. If a request has been granted, clothes, shoes and small toys may be additionally imported without being deducted from the goods contingent.

## 5. Articles admissible without request

- CDs and DVDs up to age restriction FSK 16 in the case of DVDs (max. 5 items per parcel). No privately burnt media and no contents that are racist, glorify violence or are sexist
- Accessories such as handbags, purses, jewellery, watches, sunglasses, etc.
- Cosmetics, hygiene and toiletry articles (no medication), wet razors, laundry dryer sheets and detergent sheets, colourless contact lenses, including containers and cleaning agents, impregnating spray
- A small lamp for fragrance oils (oil must be ordered from the health service), all air fresheners, joss sticks
- Hair dyes, hairpieces (wigs only with doctor's prescription)
- Stationery, office and craft articles
- Cigarettes/tobacco (max. 3 cartons/tins per parcel), cigarette paper, filters, mechanical cigarette-rolling machine, electronic cigarettes and one-way vapes (not refillable)
- One cuddly toy of up to 50cm per detainee
- One transparent sports water bottle made of plastic, a private cup and a hot-water bottle per detainee

## 6. Articles admissible with request

- Clothes and shoes (2 x 8kg in addition to the goods contingent)
- Magazines/books (if on request, they will not be deducted from the goods contingent)
- Wool, knitting needles, fabrics and thread
- Prayer mats and other objects required for religious rituals
- Pet accessories (will not be deducted from the goods contingent)

When a detainee is admitted through a prison or another custodial facility, the opened articles purchased there will be handed over.

## 7. Admissible foodstuffs

Foodstuffs may be imported.

- Articles for which the refrigeration chain must not be interrupted must not be sent by post, but they may be brought in by visitors or purchased on leave/short leave. Obviously spoiled foodstuffs and articles that are not perfectly hygienic will be destroyed.
- Any products that contain alcohol, yeast, hemp products and beverages of any kind are prohibited.

## 8. Admissible electric appliances

- Kettle\* and coffee machine\* (no capsule system) up to 4kg only on request
- Hairdryer\*
- Battery-powered hair straightener\*, curling iron\*, epilator and hair clipper (only unused appliances in their original packaging)
- Electric toothbrush
- Battery-powered small appliances\* (alarm clock, pocket calculator, small torch, etc., including batteries)
- Mobile phone (is placed with the detainee's effects)

\* When a detainee is released, these articles may be passed on within her residential group if a request has been granted by the social workers.